

# Consultant Respiratory & Sleep Physicians

Dr Paul J. Hamor MBBS BSc FRACP 272698WJ

Dr Emma Stumbles MBBS BPharm FRACP 4487658W

Dr Yasmeen Al-Hindawi MBBS FRACP 4762065H



Suite 508, Level 5, Harley Place  
251 Oxford St, Bondi Junction

P (02) 8072 4115 F (02) 9410 0770

E [reception@bondirespiratory.com.au](mailto:reception@bondirespiratory.com.au)

Mail: PO Box 678, Bondi Junction 1355

## Bondi Respiratory & Sleep

### PATIENT DETAILS

NAME: \_\_\_\_\_ EMAIL: \_\_\_\_\_

D.O.B \_\_\_\_\_ PHONE: \_\_\_\_\_ MOBILE: \_\_\_\_\_

- DIAGNOSTIC TESTING ONLY
- REQUEST FOR PHYSICIAN CONSULTATION     DR HAMOR     DR STUMBLER     DR AL-HINDAWI
- 12 MONTH REFERRAL     INDEFINITE REFERRAL

### REQUESTED TESTS

- COMPLEX LUNG FUNCTION (SPIROMETRY & DIFFUSION)
- SPIROMETRY - PRE & POST BRONCHODILATOR
- SPIROMETRY - ERECT & SUPINE
- FENO (FRACTIONAL CONCENTRATION OF EXHALED NITRIC OXIDE)
- RESPIRATORY MUSCLE STRENGTH (MIP/MEP)
- ASTHMA BRONCHOPROVOCATION (Consultation required)
- 6-MINUTE WALK TEST (Consultation required)
- OVERNIGHT OXIMETRY

### INSTRUCTIONS

#### STANDARD LUNG FUNCTION TESTS:

*If able, withhold all short-acting inhalers for **6 hours** prior and withhold long-acting inhalers for **24-36 hours** prior to testing*

#### BRONCHOPROVOCATION TESTING

*If able, withhold all short-acting inhalers for **12 hours** prior testing, and withhold all long acting inhalers, nasal sprays or anti-histamines for **72 hours** prior to testing*

### CLINICAL NOTES

### REFERRER DETAILS

NAME: \_\_\_\_\_ PROVIDER No: \_\_\_\_\_

ADDRESS \_\_\_\_\_ PHONE: \_\_\_\_\_

SIGNATURE \_\_\_\_\_ DATE: \_\_\_\_\_

REPORT TO:  FAX:

EMAIL:

MAIL:

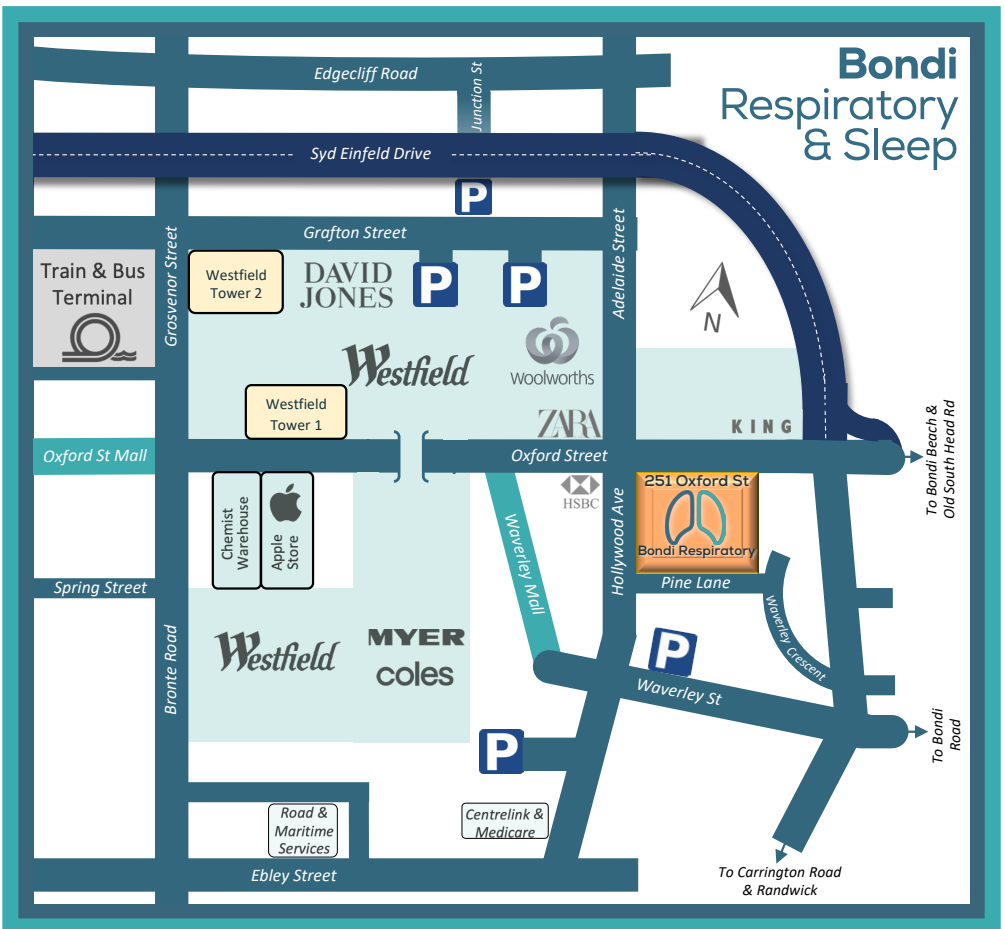
COPIES TO:

MORE REFERRAL PADS

Appointments: 02 8072 4115

**Bondi Respiratory & Sleep**

# Bondi Respiratory & Sleep



## Finding us:

We are located in Harley Place, 251 Oxford St, on the corner of Hollywood Ave and Oxford St diagonally opposite Zara in Westfield Bondi.

## Parking

**Westfield:** 2-4 hours free parking is available in Westfield car parks. Disability Permit holders can claim up to 4 hours free parking by presenting their permit to the Concierge. Park near Woolworths.

**Waverley Council** carpark is located in Waverley St, costing approx. \$8 for 2 hours and \$16 for 4 hours.

## Public Transport

The Bondi Junction Train & Bus Terminal is located on Grafton St, a 5-10 minute walk away.

A taxi rank is located on Grosvenor St.

## What to Bring

- This referral form
- All puffers, inhalers & spacers
- All nose sprays
- A list of your other medications
- Chest X-rays and CTs older than 5y
- Your CPAP device and mask

## What to Expect

Spirometry tests volume and strength of lungs by repeated forced expiratory efforts. It takes about 30 minutes

If seeing our Doctors for a consultation, allow up to 2 hours, which will include:

- patient registration
- pre-consultation questionnaire
- lung function testing (30 minutes)
- consultation (45-60 minutes)